

NEWS RELEASE

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**HEALTH & WELLNESS CLINIC OFFERED THIS SATURDAY
LOCAL NON PROFIT OFFERS FREE MEDICAL CLINIC TO HELP THE WORKING POOR**

(Phoenix, AZ) - ICM Food and Clothing Bank (ICM), a Phoenix based non-profit organization that provides food, clothing, toiletries and medical care to underprivileged children and adults, in collaboration with Cathedral Health Services (CHS), today announced they are offering a health and wellness Clinic this Saturday, March 5 between 10:00 AM – 3:00 PM.. The Clinic, free of charge, will be held on the second floor of ICM Food and Clothing Bank's headquarters at 501 South 9th Avenue in Phoenix.

The ICM-CHS *Well Life Center Clinic* is a health and wellness Clinic started in 2009 to screen for and find life-threatening conditions within the City's most vulnerable populations. The Clinic offers health screenings, referrals and even medical education to the "working poor". Since the Clinic opened, 955 patients (805 adults and 150 children) have been seen and provided with 3,182 medical services.

"We exist to provide an immediate response to basic human needs and we see medical care as one of the most basic human needs. Sadly, many of the "working poor" do not have access to basic medical care, and through our Clinic, have been able to diagnose serious medical conditions that had our Clinic not been available, those people most likely would have suffered and died," remarks ICM executive director, Renea Gentry.

One such patient was a middle-age woman who had not been to a doctor in ten years because she lacked health insurance. She came to the ICM Clinic with a friend, without any idea she had any medical condition, and had a well-woman exam. Lab results from a pap smear during the exam showed cancerous cells and we held an immediate home visit with the woman to get her a full battery of tests at a local hospital. The Clinic saved her life.

Appointments are not necessary and individuals and families requiring medical assistance should arrive at the Clinic beginning at 10 AM. This Clinic is the third in a series of ten Clinics offered free of charge during the 2011 calendar year. The seven remaining Clinics will be offered at the ICM headquarters on the following dates: April 10, May 8, June 5, August 7, October 2, November 6, and December 4.

For more information about ICM Food and Clothing Bank, visit www.icmaz.org.

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